A simple smartphone app transmits the study data to the cloud. As soon as the study is completed, the clinician can review the automated study results.

The raw data is downloaded and auto-scored differentiating obstructive and central events, providing AHI, RDI and ODI based upon True Sleep Time and Sleep Staging. Both the AHI and RDI derived from the PAT were clinically validated with an 89% correlation to PSG.<sup>2</sup> The PAT signal is an approved measure in the 2017 AASM HSAT Clinical Practice Guidelines for Adults with OSA.<sup>3</sup>



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## Fully Disposable. Fully Reliable.



# Fully Disposable. Fully Reliable.

- Same WatchPAT Simplicity, Accuracy and Reliability
- NO Return Shipment, NO Cleaning, Downloading or Charging, **NO Infection Risk**
- Immediate access to sleep data for interpretation
- Data interpretation anytime, anywhere with Cloud based solution

### **WatchPAT**<sup>\*\*</sup>**ONE** is designed for practices with:

- Limited access to capital
- Limited back office support
- Patients with access limitations to clinic
- Desire to grow HSAT program or facing significant backlog

WatchPAT ONE measures 7 channels (PAT signal, heart rate, oximetry, actigraphy, body position, snoring and chest motion) via three points of contact. It's 3 points of contact delivers 98% study success rate without compromising diagnostic capability.<sup>1</sup>

# **Improved Accuracy with Sleep Architecture** and True Sleep Time

#### **Sleep Architecture**

WatchPAT's clinically validated Sleep Architecture provides information on sleep staging. sleep efficiency and sleep and REM latency.<sup>4-5</sup> It uses the PAT amplitude and pulse rate to differentiate between non-REM and REM thereby creating a Sleep Architecture (Light, Deep, REM) WatchPAT also provides the added value of detecting REM related sleep apnea with REM and non-REM AHI.



#### **True Sleep Time**

ONEAT

The WatchPAT uses its advanced actigraphy to differentiate between wake and sleep periods to calculate True Sleep Time. It calculates AHI and RDI using the patient's True Sleep Time rather than the recorded time Sleep Summary used in most commercially available HSAT's. Start Study Time: 9:43:01 PM WatchPAT's True Sleep Time reduces the End Study Time: 6:04:59 AM risk of misdiagnosis and misclassification Total Study Time 8 hrs, 21 mir that has been reported to be 20% with 6 hrs, 7 min Sleep Time % REM of Sleep Time HSAT's using total recording time.<sup>6</sup>

# WatchPAT Automated Report and Clinical Parameters





